



Tips for Canadian / International Skaters

- ❖ Use your Skate Canada Number (or your Federation number) as your USFS number. If you do not have a Federation number, you may use any number of at least six digits. Please remember this number – this will be how you will access the system later to see your schedule, buy practice ice and to enter your Planned Program Content form.
- ❖ Planned Program Content Forms. US competition requirements vary slightly from Canadian requirements – some levels for US skaters have one fewer element. If you have entered a Canadian address, the system will recognize you as a Canadian skater and will give you the appropriate number of lines for Canadian elements. If you choose to modify your programs to meet US requirements, leave the extra line blank.
- ❖ Canadian Clubs and Foreign Federations should be included in the club list for you to select...please look for your club or Federation before you “add a new club” to the list.
- ❖ US competition levels are slightly different than Canadian levels. Check with your coach about which is the appropriate level for you to register for, then enter that as your test level.
- ❖ Our referee and technical committee will make accommodations for the differences in US and Canadian programs. We do not require you to change your programs. For example, extra elements will not be penalized, but will not receive points.

Contact us at fefsc@fefsc.org if you have any questions!